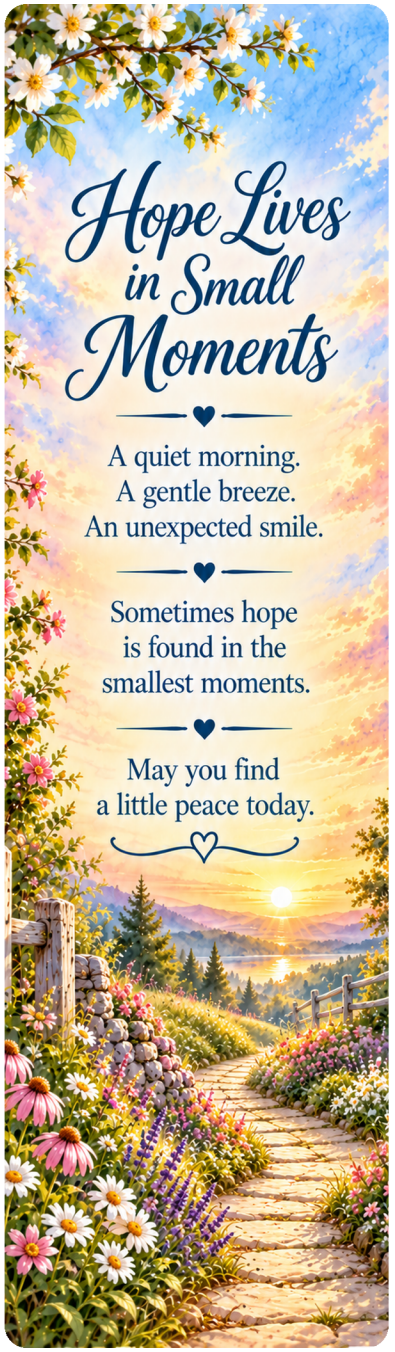

Let Your Light Shine
LET THEM
Misunderstand you,
Judge you,
Gossip about you.
Never doubt your worth, your beauty.
Keep Shining.


A Little Kindness Goes a Long Way
A kind word.
A listening ear.
A moment of understanding.
Sometimes the smallest gestures leave the deepest impressions.
Kindness matters. Always.


Be Gentle With Yourself
You don't have to be strong every moment.
It's okay to rest.
It's okay to take life one day at a time.
Healing isn't a race, and neither is life.
Give yourself grace.


Hope Lives in Small Moments
A quiet morning.
A gentle breeze.
An unexpected smile.
Sometimes hope is found in the smallest moments.
May you find a little peace today.